

QUESTIONS TO ASK AT YOUR EVALUATION

Be informed. Be prepared.
Be your child's best advocate.

You know your child best.



Knowledge today. Stronger tomorrow. ♥

Asking the right questions helps you understand your child's needs, treatment options, and next steps.

Use this guide to take notes, get clarity, and leave the evaluation feeling confident and informed.



REMEMBER:

- You are an important part of the team.
- There are no silly questions.
- You deserve clear answers.
- Your child's future is worth it.

Child's Name: _____

Date of Evaluation: _____

Provider/Facility: _____

Evaluator(s): _____

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Helpful Tip:

Write your top 3 questions on a sticky note.
Take it with you so you don't forget!

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QUESTIONS ABOUT THE DIAGNOSIS ♥

- What is the suspected or confirmed diagnosis?
- What criteria did my child meet?
- Are there co-occurring conditions we should be aware of?
- How does this diagnosis impact my child's daily life?
- Will this diagnosis change over time?
- What is the outlook or prognosis?
- What resources do you recommend for learning more?

Notes

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QUESTIONS ABOUT DEVELOPMENT ♥

- How is my child's development in the following areas?
 - Communication
 - Social skills
 - Cognitive skills
 - Motor skills
 - Adaptive / daily living skills
- What are my child's biggest strengths?
- What are the areas of most concern?
- How will these challenges impact my child in the future?

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QUESTIONS ABOUT THERAPY RECOMMENDATIONS ♥

- What therapies or services do you recommend?
- How often and for how long?
- What goals will therapy target?
- What can we do at home to support progress?
- Are there specific programs or providers you recommend?
- How will we know if therapy is working?
- How often will progress be reviewed?

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QUESTIONS ABOUT SCHOOL & EARLY INTERVENTION ♥

- Is my child eligible for early intervention or school services?
- What services are recommended?
- What is an IEP or IFSP and how does it work?
- What supports will my child need in school?
- How can I best prepare for an IEP meeting?
- What accommodations might be helpful?
- How can I advocate for my child's needs?

Notes

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QUESTIONS ABOUT INSURANCE & FUNDING ♥

- Will insurance cover the recommended testing and therapies?
- Do you accept my insurance?
- What codes will be used for billing?
- Are there out-of-pocket costs I should expect?
- What grants, scholarship programs, or financial resources are available?
- Can you provide documentation needed for insurance or assistance programs?

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QUESTIONS ABOUT NEXT STEPS ♥

- What are the immediate next steps?
- Who should I contact if I have questions?
- When should we follow up?
- Are there any referrals you recommend?
- What signs should I watch for?
- What can I do today to help my child?
- What is the most important thing I should remember?

Notes

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MY NOTES & OBSERVATIONS ♥

Use this space to write down important information, observations, and anything else you don't want to forget.



FOLLOW-UP ACTION PLAN ♥

- 1 What are my next steps?

- 2 Who will I contact?

- 3 What documents do I need?

- 4 What resources will I look into?

- 5 What support do I need?

*You are doing
an amazing job!*



You are your child's voice, their advocate,
and their biggest supporter.
Keep asking questions. Keep showing up.
Your love and perseverance
make all the difference.

*You are not alone.
We're in this together.*